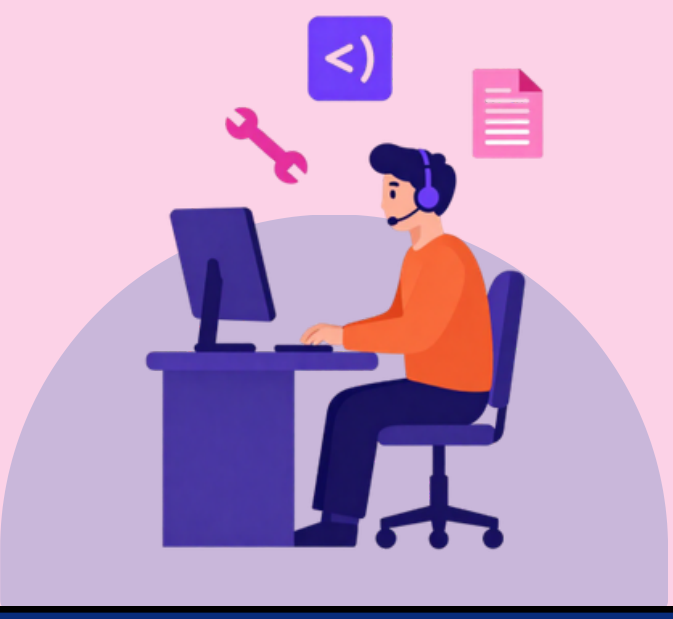


Insafe helplines quarterly report: Q2 2026

1 April – 30 June 2026

CONTACT OVERVIEW

24 helplines from **23** countries

15,700+ contacts in Q2

5/10 users were female
3/10 male and 2/10 undisclosed

Children 11-13 years
16%

Parents
29%

42%
Teenagers 14 -18 years

9%
Children 5 -10 years

INCIDENT LOCATION*

*based on data from helplines that are able to collect it

47% of incidents took place on **messaging platforms**

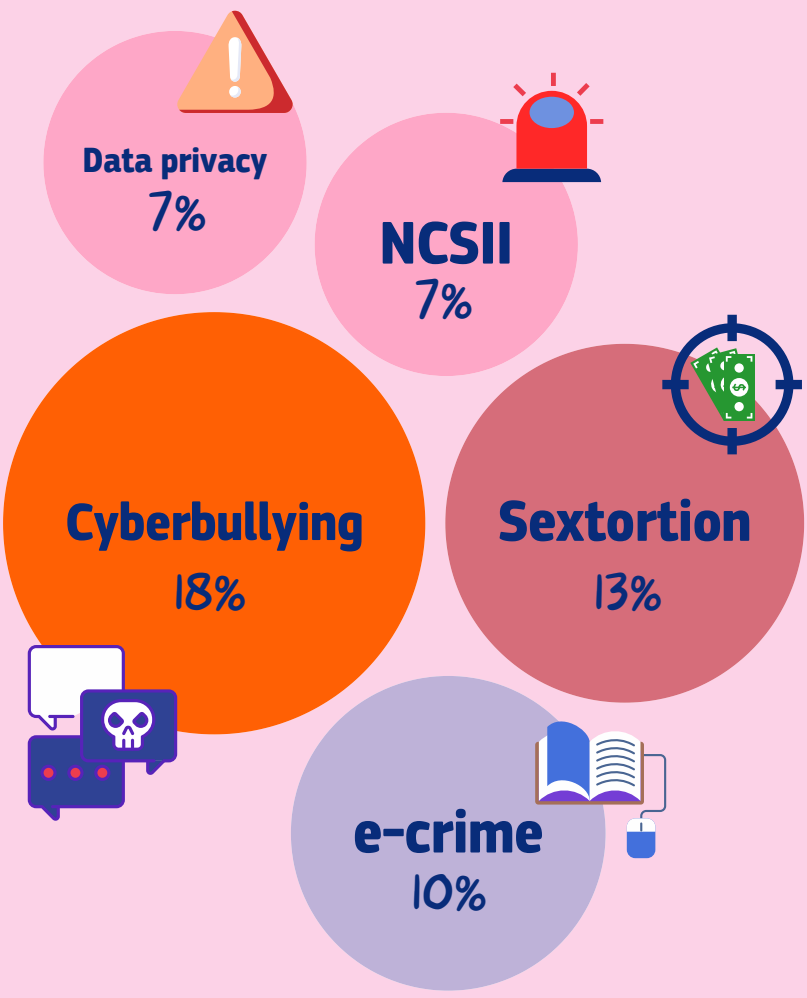
40% of incidents took place on **social media**

CONTACT METHOD

51% of contacts by **phone**

36% of contacts by **chat**

REASON FOR CONTACT & TRENDS



Cyberbullying

Cyberbullying calls rose by 5 percentage points since Q1. One helpline noted more intense cases, often involving child sexual abuse material (CSAM), with some cases referred to law enforcement.

Sextortion

Sextortion related calls rose by 43.7 per cent compared to Q1. One helpline reported that just 0.1 per cent of cases become criminal cases, as young people are typically contacted by foreign nationals outside the EU.